LIGHT
LAY INSTITUTE FOR GLOBAL HEALTH TRAINING

TEACHER COMMITMENT

TO SERVE AS AN INSTRUCTOR IN LIGHT COURSES

COMMITMENT

After completing the Teacher Training, I commit to the following:

1. By the grace of God, I will maintain an active prayer and devotional life.
2. I will support the Seventh-day Adventist Church through my words, attitude, lifestyle, tithes, and offerings.
3. I will teach exclusively from the LIGHT curriculum and will not introduce additional content without prior approval from LIGHT leadership.
4. I will consistently uphold the principles taught by LIGHT, both in my personal lifestyle and when serving as a teacher during a LIGHT course.
5. I will positively support both LIGHT leadership and my team leader in word, action, and attitude, avoiding negativity or criticism of LIGHT and team members. Should concerns arise, I will follow the biblical process outlined in Matthew 18 to resolve them, thus safeguarding the reputation of the team.

TEAM SPIRIT

During the course, I commit to being a cooperative and supportive team member, fulfilling my teaching responsibilities and duties, while cheerfully and faithfully participating in team worship, activities, and other events organized by the course leadership.

RELATIONSHIP

I agree that a courtship or any personal relationship challenges will not interfere with my spiritual life, the objectives of the LIGHT course, or my wholehearted participation in the course's daily routines and activities.

BEHAVIOR

While participating in a LIGHT course in a different culture, I agree to adapt respectfully and cheerfully, without complaining, to the host culture, including:

1. **Food:** I will adjust to the local diet, even if it differs from what I am accustomed to, as long as it adheres to the health principles taught by LIGHT. This may include eating with hands, different utensils, or in different settings (e.g., sitting on the floor or sharing communal dishes). However, animal products and other foods deemed harmful by the LIGHT curriculum are excluded. If I have special dietary needs, I will communicate them to LIGHT leadership beforehand and bring any necessary supplies. I may also bring personal treats like Granola bars with me that align with LIGHT's nutritional principles, but they will be eaten privately in my room.

2. **Accommodation:** I will adapt to the accommodation provided, which may include sleeping on the floor, dealing with bedbugs, washing clothes by hand, no access to electricity, using candles for light, cold water for bathing, extreme temperatures (cold or heat), or other unfamiliar conditions. If necessary, I will bring a camp mat, bedding, or other personal comfort items to help me adjust to these conditions.

3. **Language:** I will make an effort to learn basic greetings and common phrases in the local language to reach out more effectively to my host culture.

4. **Clothing:** I will dress modestly and in accordance with LIGHT's principles while being sensitive to the culture norms that I am in:

    a. **Men:** In the classroom, I will wear modest, formal attire (dress pants, dress shirts). Polo shirts can be used for practical classes such as hydrotherapy, massage, and cooking.
    b. **Women:** In the classroom, I will wear modest dresses or skirts, along with tasteful blouses.
    c. **Outside the classroom**, both men and women may wear casual or athletic attire. If approved by leadership, men may wear shorts when appropriate. Swimsuits may only be worn in secluded or private settings, or in unmixed groups.

5. **Respect for Hosts:** I will interact with hosts courteously and tactfully, being sensitive to their cultural norms and expectations.

EARLY DISMISSAL

I understand that if my attitude or behavior does not align with the principles outlined in this agreement, my course leadership, in consultation with the LIGHT Division Director, has the authority to dismiss me from the course. This may result in: ceasing my involvement in the course or returning home early. In either case, I agree to bear the cost of returning home or any other expenses incurred if I remain without continuing to participate in the course.

By signing below, I commit to the policies mentioned above and the advancement of LIGHT's ministry values and mission while teaching Heavenly principles of life:

TEACHER's NAME: _____ DATE: _____ / _____ / _____

SIGNATURE: